

The logo for 'samarth' is written in a bold, blue, sans-serif font. The letter 'h' is stylized with a small upward-pointing arrow integrated into its right vertical stroke. The logo is positioned inside a white circular frame with a brown border.

Samarth Setu

Year - 12 | Issue - 52 | April to July - 26

For spreading happiness



Life Science... The wisdom and science of living happily!

In the previous issue, we saw that **the root of all our problems is lack of understanding** and its solution is understanding. **Understanding** of self, family, society and the entire nature **is the solution**.

In this issue, we will try to **understand ourselves...** Generally, we identify ourselves in two ways, by what we do in our job or profession or by what our relationship is with someone. For example, I am a teacher. Or I am Dineshbhai's brother. But if we calmly ask ourselves what I am when I am not doing anything and I am not referring to anyone?? Then the answer is that **I am a human being**.

According to Madhyastha Darshan - Jivan Vidya, **'human' means the conscious unit that realises the form and hopes for and certifies the mind: peace of mind**.

This definition of human can be seen in three things in ourselves...

- We strive to fulfill our desires, even if they are not fulfilled.
- We constantly hope that our mind will remain peaceful, even if it is repeatedly disturbed.
- We are able to prove our happiness by our behavior.

When our desire is fulfilled, we feel happy and when it is not fulfilled, we feel sad. But, even a moment of sadness is not acceptable. That is

why all our efforts are made only to be happy. However, when the results of all our efforts do not come as per our expectations, the natural question arises that then **how to experience continuous happiness??** So the answer is that.. **If the efforts are made according to the laws of existence, then the results will also be obtained according to the laws of existence**.

That is, if we understand all the laws of existence and live according to them, then we will experience continuous happiness.

Now let's look at another point... If we examine our sorrow, it is seen that we do not feel so much sorrow when a bicycle or scooter breaks down, but if even a little sourness occurs in a relationship, we become upset. If we do not want to let that happen, we have to understand each relationship and live with understanding.

These two points make it clear that we have to understand all our relationships with the entire existence. Let's... now understand what existence is.

Existence means understanding everything that is inside and around us as it is.

In the entire existence, there are soil, stone, air, water, grass, trees, insects, animals and birds and humans. Which are called the four states of

(Continue reading on the next page...)

existence in the form of matter state, life state, life state and knowledge state (human) in an orderly manner. Out of which the first three states are mutually useful and complementary and have their own definite and continuous behavior in the system.

Wherever pure water is, it will only act as nourishment for life state and life state. The neem tree will only give bitter lemon. A cow will die but will not eat meat and a lion will not eat grass even

if it dies. Although the human body has developed completely as part of evolution, its behavior has not yet developed in accordance with the entire existence. The highway to determine this behavior through the science of life has now been reached. We will study it gradually. For that, we will constantly keep examining our desires-thoughts-behavior with awareness.

See you again in the next issue, thank you.

- Suresh Patel and Samarth Management

Various news of Samarth Group

Blood Donation Programme Organisation



A Blood Donation Programme - Blood Donation Camp is a very sacred and commendable work for social service, because artificial production of blood is not possible scientifically.

Hence, human blood is the only option to immediately provide blood to patients suffering from serious diseases like accidents, emergencies during childbirth, cancer and



thalassemia and save the lives of patients on time.

This is why blood donation is called 'Mahadaan'.

Samarth Diamond donated 47 bottles of blood on May 24, 2026 at Samarth House and 92 bottles of blood on June 16, 2026 at SGS, Satlasana. Several employees of Samarth House and other members of the society came together for this noble cause.

HR - Saksham Training



HR Saksham was organised on March 26, May 19 and June 8, 2026 respectively under the guidance of Corporate Trainer Shri Sureshbhai Patel at Samarth House in Samarth Diamond. In which, training was organised for the employees of the HR department to complete the work with accuracy, precision and quality within the time limit, with various dimensions and examples in a beautifully explained manner.

5S – Kaizen Training Programme

5S – Kaizen Training Programme is a world-famous Japanese method for increasing the quality, efficiency and productivity of the workplace. The main purpose of this training is to

create a safe and orderly environment by preventing unnecessary things and wastage of time. From big factories to small offices, this method proves to be very useful everywhere. With this purpose, Batch 3 to 5 were



organised at Samarth House on May 22, 25 and June 4, 2026 under the guidance of Trainer Shri Bhavikbhai Goswami.

Appreciation Programme for Bright Students of Std-10 and 12

On May 31, 2026, a 'Student Appreciation Programme' was organised at Samarth House for the bright children of employees. Under this programme, 55 bright children of the company's



employees who secured 70 percent or more marks in the

board examination of Std-10 and 12 were honoured on this occasion. In which parents and family members also participated enthusiastically to increase the motivation and enthusiasm of the students.

Second Jeevan Vidya Parichay organised in Gujarati language

As a continuous effort to move forward in the direction of understanding how to live happily with family in a society of life and true happiness, 'Jeevan Vidya Parichay Shibir' is organised by Samarth Management during Diwali



and summer vacations every year. Under which, the second introductory camp of Gujarati language was organised at

Samarth House from May 3 to 10, 2026 under the sermon of Prophet Shri Janakbhai Savaliya, in which approximately 325 people including family members, employees, friends and other members of the society participated.

Fire Safety Mock Drill Organised

On July 12, 2026, a Fire Safety Mock Drill was organised at Samarth House in various shifts to learn how employees should react quickly in an emergency situation and to identify Exit Route, Assembly Point and Fire Alarm. By doing this training regularly, the workplace becomes safer so that decisions



can be taken quickly in situations like fire or other disasters. Therefore, the purpose of the training is not only to survive in case of fire, but also to prepare in advance to reduce accidents.

For which it is most important to leave the workplace immediately when the Fire Alarm sounds. So that people get used to exiting safely without panic.

Health Check-up Camp



Samarth Diamond is committed to the medical safety of its employees. Taking the lead in ensuring care of them, a Health Check-up Camp-2026 was organised for approximately 2009 employees from May 17 to 19, 2026 at Samarth House.

Celebration of International Yoga Day



International Yoga Day was celebrated on June 21st, 2026 from 6:30 AM to 8:00 AM in the green courtyard of Samarth House. Various yoga and pranayama exercises useful in daily life and work style were presented and explained by ardent yoga expert Shri Krishnarajsinh Rajput. Approximately 250 employee friends took advantage of this.



A true Karma Yogi of Samarth Group...

The successful retirement of the respected Shri Ishwarbhai Prajapati, who lived the motto 'Karma is Service' in the true sense...

Since joining the company on June 13, 1989, for more than 37 years, a true Karma Yogi, who has always contributed to the development of the company with his passion, honesty and devotion, the successful retirement of respected Atmajan Shri Ishwarbhai Prajapati was held on June 15, 2026.

As an ideal employee, with his wisdom, intelligence, goodwill, openness and simplicity, Honourable Ishwarbhai, who has earned the love of the entire Samarth Diamond family, will always be a source of inspiration for everyone. He has established a unique pillar of fame in the history of Samarth Diamond Company as a “symbol of punctuality” who has never been late for a single day or even a single minute in his 37 years of service.

With the influence of the excellent culture and education of his revered parents, his sociable nature and devotion to work have always been commendable.

In a simple married life, together with his wife, he has always kept the lamp of

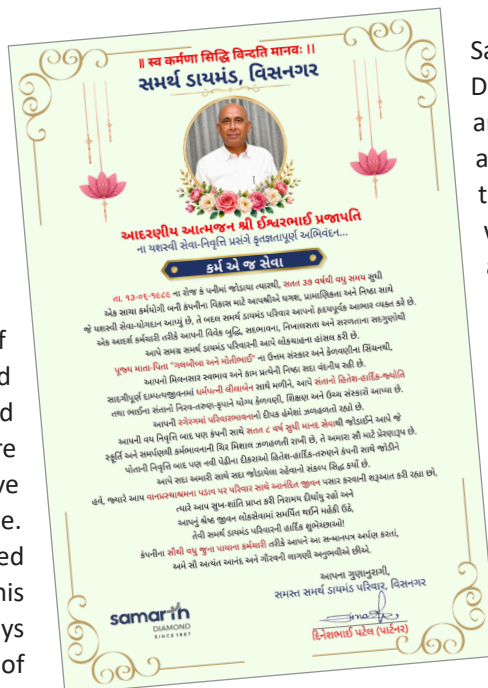


family spirit burning in the true sense of the word by giving proper upbringing, education and high morals to his children.

After his formal retirement in June 2018, he remained

with the company for 8 years with honorary service and kept the eternal example of karma shining with constant enthusiasm and dedication, which is an inspiration to all.

On behalf of the entire Samarth Diamond family, Shri Dasharathbhai, Shri Dineshbhai and Shri Govindbhai presented a certificate of honour to the respected Ishwarbhai, who took final retirement after 8 years of retirement to start a happy life with his family, just following the Vanprasthashram of Indian culture. We will remember his as the oldest employee of the company, and we convey our heartfelt wishes for a long and prosperous life and a happy life dedicated to public service.



Beneficiary Verification App – BSA

This app is an Aadhaar-enabled eKYC authentication platform for various schemes of the Central and State Governments. Its main objective is to ensure secure and fast verification of beneficiaries.

- **Easy e-KYC:** The e-KYC process required to avail the benefits of any government scheme can be done online from home or anywhere.
- **Aadhaar Authentication:** Aadhaar-based biometric online verification is done.
- **Biometric Details Check:** Facial Recognition - can be verified through



Face Authentication, Fingerprint and Iris.

- **Proof of Survival:** Facial recognition is done to verify whether the beneficiary receiving pension, widowhood assistance, PM Kisan Sahay or other subsidies is alive or not.

- **Benefit of Government Services:** It helps various ministries and departments of the Central and State Governments to identify the beneficiaries, so that the benefits of the schemes can reach the right person directly and quickly.

KYC stands for 'KNOW YOUR CUSTOMER'

This is a legal process by banks and financial institutions to verify the identity and address of the customer at regular intervals.



Where and when is KYC required?

- When opening a new bank account
- When buying a new SIM card
- When investing in mutual funds or the stock market
- When making a fixed deposit (FD)
- When applying for a large loan
- When taking a new credit or debit card
- When buying an insurance policy
- To increase the limit in digital wallets like Paytm, PhonePe
- When there have been no transactions in the bank account for a long time

What are the disadvantages of not doing KYC?

- The bank account may be frozen (closed).
- There may be restrictions on withdrawing or transferring money from the account.
- Government subsidies or scheme money may stop.
- Investment in the stock market or mutual funds stops
- There is difficulty in taking new financial transactions or loans.
- ATM and online banking services may be closed.

What documents are required for KYC?

(1) Identity Proof: Aadhar Card, PAN Card, Driving License, Voter ID Card, Passport.

(2) Address Proof: Aadhar Card, Electricity Bill, Gas Bill, Ration Card, Bank Passbook.

GETTING THINGS DONE

A precise and stress-free way to work

GTD (Getting Things Done) is a very popular and influential method for time and task management. The method was developed by David Allen.

When our brain is busy remembering thousands of unfinished tasks, stress increases and efficiency decreases.

The main 5 steps of GTD

(1) Capture: Whatever is going on in your mind - such as office work, buying a house, a new idea or answering an email - get it all out of your mind and write it down in one place.

- **Tools:** Diary, mobile app such as Google Keep, Todoist or Voice Note.
- **Rule:** Do not filter thoughts at this stage, just write everything down (put it in the Inbox).

(2) Clarify: Now look at the things you have collected and decide whether any action needs to be taken on them or not.

- **If no action is needed:** Delete it, save it for the future (Someday/Maybe list), or file it for reference.
- **If action is needed:** Decide what the first and smallest step - Next Action - could be.
- **2-Minute Rule:** If it takes 2 minutes or less to do, do it right away.

(3) Organise: Organise tasks that take more than 2 minutes into separate lists.

- **Projects List:** Tasks that require more than one step to complete... e.g. getting a car serviced.
- **Calendar:** Tasks that need to be done on a specific date and time... e.g. doctor's appointment.
- **Next Actions:** Tasks that you

have to do in the future. You can divide them according to category - Context... e.g. @office, @phone-calls.

- **Waiting For:** Tasks for which you are waiting for someone else to respond.

(4) Reflect / Review: Regular monitoring of the system is essential to maintain trust.

- **Daily Review:** Check the calendar and task list every morning or evening.
- **Weekly Review:** Review the entire system once a week (usually on a holiday). Add new tasks, remove completed tasks and plan for the coming week. This step is the soul of GTD.

(5) Engage: Now your mind is completely calm because everything is planned. Now all you have to do is look at the list and start working according to your location - context, available time and energy at that time.

Benefits of GTD

- **Peace of mind and less stress:** Since everything is on paper or an app, the mind remains relaxed.
- **Increased focus:** The brain does not have to worry about "what is left to do?", so full attention can be given to the task at hand.
- **Increased productivity:** Even the smallest task is not forgotten and time is used properly.

In short...

This is not just a way to create a task list, but a lifestyle to live life in an organised manner and free from the burden of work.



Son: Lineage, Heritage and *Paras*

In the inspiring book 'Dikro' written by Shri Raj Bhaskar, the true meaning of a son and family values and the importance of responsibilities towards parents, culture and family unity have been explained through the principles of lineage, heritage and paras.

The relationship and importance of father and son

- The relationship between parents and son is not just a blood relationship, but an important journey of life. In which many aspects of life such as culture, responsibility, love, sacrifice and service are included.
- True happiness in life is not in money or success, but in relationships and culture. For which both understanding and time are necessary.
- A family is created not only by blood relations but also by feelings and trust.
- A son is not only related to birth, but he is a personality shaped by culture.
- **Without the guidance of parents with understanding and culture, the life of a child is incomplete.**
- **Before having a good son, one has to become a good parent.**
- **Lineage:** Family tradition and identity.
- **Waras:** Heir to values and culture.
- **Paras:** The power that brings change in life.

Family is the basic unit of society. Only a family with understanding creates a strong society. A son plays an important role not only in the future but also in the present. That is why four types of him are mentioned.



Shri Chintan Mewada

Book Review

Shri Chintan Mewada of the HR Department introduces the book 'Dikro' by renowned author **Shri Raj Bhaskar**, about the importance of a son in the family and the role of parents in his life.

Four types of sons

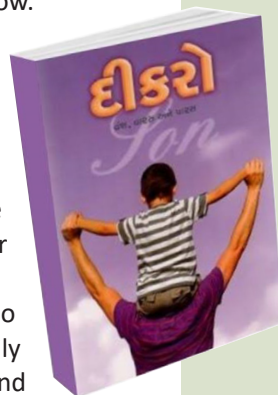
- **Abhijata son:** A son who is superior and more advanced than his father in qualities, culture and deeds.
- **Anujata son:** These sons, besides being cultured, also become like their father, follow in their father's footsteps and remain their father's shadow.
- **Apajata son:** Such sons lag far behind their father. Such sons not only cannot follow in their father's footsteps, but also cannot earn the respect and honor of their father.
- **Kulangar son:** A son who brings disgrace to the family and destroys the culture and generation.

For the strength of relationships...

Both communication (conversation) and time are very important to strengthen relationships. If we do not give importance to our relationships, then they will weaken even after being together.

"A son who reveals the values of his parents is a true son..."

This book not only inspires reading, but also thinking that (1) Are we giving enough time to our parents? (2) Are we giving the right values to our children? (3) Are we giving family first priority?



The pride of the Samarth Diamond family

Brilliant children of the Samarth Diamond family who scored
the highest marks in the board exams of class 10 and 12



Ch. Trisheel

Standard: 10

Percentile: 98.61



**Father: Shri Shailesh Kumar
Prajapati**

**Code : 9170, Samarth House,
RPM Signer**



Ch. Jayesh

Standard: 12 (Commerce)

Percentile: 91.98



Father: Shri Manuji Thakor

**Code : 23329, SGP Bottom
Ratna Kalakar**



Ch. Namra

Standard: 12 (Science)

Percentile: 86.02



**Father: Shri Bipin Kumar
Patel**

**Code: 1925, Samarth House,
Russian Gem Artist**



Ch. Nidhi

Standard: 12 (Arts)

Percentile: 92.57



Father: Shri Vikramji Thakor

**Code : 1925, Samarth House,
Matala Ratna Kalakar**



Let's spread light in everyone's lives through diamonds!

आओ जिंदगी को भी चमकाएं, जैसे चमकते हैं रत्न!



For any contribution/ suggestion regarding 'Samarth Setu', please contact Ms. Chetanaben Patel (M. 99099 68737 Extn. No. 1153)

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Samarth Diamond: Samarth House,
SH-215, Paldi Road, Visnagar - 384315

Phone: Visnagar: (Branch-1) 7436078401/402/403

Palanpur: (Branch-2) 7436078407

Satlasna: (Branch-4) 7436078010/411

Email: factory@samarthdiamond.com, **Web:** www.samarthdiamond.com

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