

## Life Science... The wisdom and science of living happily!

Jeevan Vidya (Life science) is the science of developing an understanding of how to live life consistently and happily. First of all, it is necessary to clarify here that understanding and skill are not the same. In understanding, there is a clear acceptance of the entire existence regarding "what to do, what not to do, why to do or why not to do" before doing any work. While in skill, there are options for "how to do any work".

When we think of understanding, the entire mankind is one. Just as there can be no doubt about the fact that water is an indispensable fluid for the human body. While there can be diversity in how to drink water. Some drink from a cup from a height, some drink from a bottle by mouth.

In Jeevan Vidya, we study in detail the various fields of understanding and our different roles in each field. The main fields of understanding are as follows: understanding of self, family, society, nature and the entire system of existence.

So, if we start with ourselves, at the first stage it seems that we are constantly striving to fulfill our needs. When we do a job or business, we usually think that we earn money.

But if we look a little deeper, we understand that the need is not for money, but for the various things we buy with that money!

Now, how we decide to buy those things is a very important issue.

Do we sit down with the whole family and discuss why we really want the thing and make a decision? Do we decide greedily from advertisements? Do we decide by seeing the thing in the market? Or do we decide by seeing the thing with others?

Here is a **proposition** that we all have to think about: Our needs are quite definite and limited, but we buy many things under the influence of the market/others. We use our precious time, energy and money to buy, use, clean and maintain them.

Another proposition is that we need only three things to sustain our body - food, house and clothes. Apart from that, we need a vehicle to move from one place to another and TV and mobile for entertainment or information.

But if we get all this, is it enough or do we need anything else??? Can we be happy all the time if we get all this??? Does getting all this solve all our problems???

Think about it, we will meet again in the next issue. Thank you.

- Suresh Patel and Samarth Management

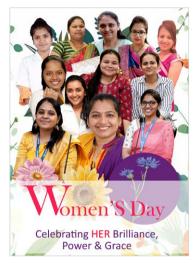
## Various news of Samarth Group

## **International Women's Day Celebration**



We celebrated the **International Women's Day** on March 8, 2025, to make every woman working in the company feel the pride of being a woman.

Women employees presented their beautiful presentation in the form of poetry recitation, garba, dance, speech writing, etc. at Samarth House, Visnagar.



## **Satva-2 Training Programme**





**Satva Module-2 Training Programme** was organised from March 19 to 21, 2025.
The programme was aimed at

providing an understanding of areas such as effective work, teamwork, communication skills for employees in various

supporting departments such as security, CCTV, kitchen, canteen, housekeeping, gardener and bus-saarthis.

## Param Sankalp-3 Training Programme

The third module of Param Sankalp Training Programme was organised from April 1 to 3, 2025, for employees of the service and level departments.

Shri Dineshbhai
Prajapati accurately
taught how the
service department in



the production area can work more effectively using the 80-20 rule and the 5 Times Why



technique to achieve more production and contribute to the growth of the company.

## **OPAL-2 Training Programme**





By understanding the various aspects of life with ease, one can easily live happily at one's workplace, family, and society.

With this aim and help the employees to understand the company's values and policies with engagement, the second module of the Orientational Programme for All Aspects of Life i.e. **OPAL program** was organised for all the employees of Satlasana, Palanpur, and Visnagar from 11 to 20 April 2025.



## **Cancer Checkup Camp Organised for Employees**

In collaboration with Gujarat Cancer and Research Society, Civil Hospital Ahmedabad, an oral cancer checkup programme for 631 was organised employees at Samarth House, Visnagar on May 27, 2025, using the latest veloscopy machine by Dr. Mohitbhai and his team. In today's times, especially among the youth, due to the increase in addictions like gutka, masala, betel nut, tobacco-lime and bidi-cigarettes, the incidence



of mouth, jaw and gum cancer has also increased significantly. Alongwith the camp, a street play was also presented to spread awareness about cancer, which was watched by approximately 750 employees at Samarth House.

## "Samarth Ratna" - Samarth Jewellery's highest honour

Samarth Jewellery has honoured Shri Ketanbhai Darji with the highest honour "Samarth Ratna" by for the year 2024. After a humble beginning at Samarth Jewellery, Ketanbhai



has now established a prominent position in the gold and silver purchase department with his diligence, hard work, talent, readiness to learn new things, and ability to give his

and ability to give his best by considering every challenge as a new opportunity.

## **Meaningful Child Raising Dialogue**

How to live for continuous happiness with understanding? Why to live? Explaining such basic questions and that raising a child in the family is of great importance, the third

and fourth camps of the series of Meaningful Child Raising Programme were organised by



**Shri Mahendrasinh Bhaiya** at Samarth House, Visnagar on 19th and 21st March 2025.

About 400 people from Visnagar and surrounding areas participated in the camps.

## **Study Camp Organised**



A study camp explaining how to maintain one's interest in Jeevan Vidya - Madhyastha philosophy-based studies and how to study it meaningfully was organised at Samarth House from April 10 to 14, 2025 with the sermon of **Shri Mahendrasinh.** In this

camp, approximately 180 campers from Visnagar city, all over Gujarat and other states along with 25 teachers from Delhi's government school participated in order to understand the dimensions of human education in the light of Madhyastha Darshan.

## Medical Checkup Camp Organised



A medical checkup programme for the health of employees was organised at Samarth House, Visnagar from April 27 to 29, 2025, During the programme, **Dr. Hetalbhai** and **his team** checked 1875 employee.

## Jeevan Vidya Parichay Camp Organised

A Jeevan Vidya Primary Parichay Camp was organised from May 3 to 9, 2025 under the guidance of respected

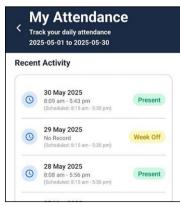
> Shri Som Tyagiji. Approximately 225 campers participated in this camp.

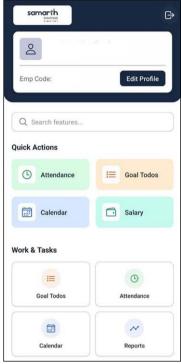


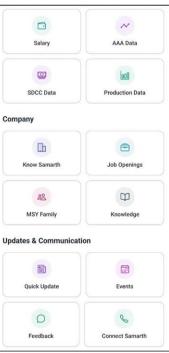
## Samarth Diamond's Mobile App In a more simple and useful form











To make it very easy for employees to access kev information like their attendance. incentives, salary, production, SDCC savings, MSY member details, various company announcements, policies and rules, tasks, etc., Samarth Diamond Mobile App has been launched in a new form with new features from May 2025. Which is available for Android and Apple mobiles.

Samarth Diamond Mobile App has been launched in a new form with new features from May 2025 for Android and Apple mobiles. In which very important information for the employee will be available at the fingertips. Such as...

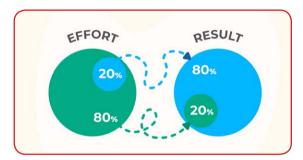
- Financial information like salary, incentive, production, SDCC savings
- Important time office related daily information like present days of the month, daily punching information, earlylate attendance and leave
- Company information like AAA grade, MSY member, employee's address mentioned in the company, emergency number, department etc.
- Advertisement regarding various recruitments in the company, necessary information like important notices-policies-rules
- Feedback facility convey necessary information directly to the management.

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## 80-20 Rule

To achieve success in life, excellence and intelligent efforts are required. Many people work hard continuously, but they do not get specific results. One important reason behind this is that our attention is not focused on the most effective areas as possible. Here the "Pareto Principle" or "80/20 Rule" provides invaluable guidance. This rule says: "80 percent of your results come from only 20 percent of the causes." That is, most of the results come from a few key efforts.



## According to the 80/20 Rule...

- 80 percent of the results come from only 20 percent of the efforts, causes or sources.
- Less but effective that is the true definition of the 80/20 Rule. That is, "doing it right" is more important than "doing everything".

In today's competitive era, it is not enough to just work hard, but this principle guides us to use our time, effort and resources more effectively. Not just working more, but working hard in the right place is the secret to success.

#### **Basic Elements of the Rule**

- (1) Disparate Results: Not all efforts produce the same results. A few efforts produce more results.
  - **(2) Identification of Important Work:** It is necessary to identify the 20% of work or causes that produce 80% of the results.

- (3) **Prioritisation:** Without giving equal importance to each task, the most effective work should be given first place.
- **(4) Efficiency:** Trying to achieve more results with fewer resources.

### Areas of Application of the 80/20 Rule

#### (1) Business and Marketing:

- 80% of profits are generated by 20% of customers or products.
- 80% of complaints arise from only 20% of services or products.
- · In business, focus should be on the best customers and the best products.

#### (2) Time Management:

- 80% of progress is achieved by 20% of a person's tasks.
- Time planning can increase productivity.
- It is important to know the difference between "necessary" and "urgent" work.
- **(3) Customer Service:** 80% of complaints arise from 20% of defects. Fixing them has a big impact.
- (4) Personal Development: If we focus on 20% of the key issues, we can control 80% of the results.
- **(5) In Human Relations:** Both maintaining and avoiding the right relationships are important.

## Things to learn from this rule

- Identify the most important and effective component in each task.
- Not all efforts are equal, choose for the best result.
- Distribute time, energy and resources wisely.
- Work on High-Impact Areas to get instant results.

- Raj Goswami

## "The Leader Who Had No Title"

- Author: Robin Sharma

"The Leader Who Had No Title" is an inspirational book that explains the leadership philosophy for achieving success in personal and professional life. The main message of the book is that a title is not necessary to become a leader, but true leadership depends on a person's thinking power, heartfelt effort and the ability to inspire others.

The main character of this book is a young man named Blake Davis, who is dissatisfied with his job and life. He works in a bookstore, but has no big goal or purpose in life. One day, he



meets a man named Tommy Flynn, who was a former soldier and now a successful person. Tommy shares his experience and lessons learned with Blake and explains some key principles that can make anyone a strong leader.

(1) A title is not necessary to become a leader: Tommy says that in today's era, successful people are influential in their field even without a title. True leadership means your excellence, vision and commitment to work. A short story: There were two servers (waiters) in a restaurant. One worked only for a salary, while the other happily served the customers. After some time, the restaurant owner made him the manager, because he was a true leader, even if he did not have a title.

(2) Times of crisis create true leaders: Tommy explains that true leaders see any problem as an opportunity. Even if the circumstances are unpredictable, a true leader always finds a solution. A short story: Once there was a severe

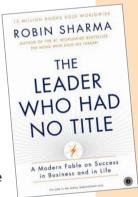
## **Book Review**

Everyone can achieve success with their sincere efforts, even without a degree - this essence of the book by renowned author **Mr. Robin Sharma** is shared with us by **Mr. Vishalbhai Patel,** Planner Head, RMS Department.

water crisis in a village. Everyone complained, but a little girl started fetching water from the pond and inspired others to help too. Within a few days, the entire village was able to solve the water problem with joint efforts. That girl became a leader in the truth test.

(3) Your leadership will be powerful if your relationships are strong: Tommy says that a good leader always builds strong relationships

with others. Trust and communication are important for leadership. A short story: There were two team leaders in an office. One would enforce strict rules, while the other would communicate with the team members, understanding their problems. As a result, the other's team became more motivated and successful.



Leadership is about connecting with people, not just giving orders.

(4) To be a great leader, first be a great person: Tommy finally says that to be a true leader, we must first be a good human being. Moral values, virtues and integrity are essential for leadership. A short story: There was a manager in a company, who always treated the staff badly. Finally, the employees forced him to leave the job permanently. A true leader is always honest and humble.

# Bright students from supportive families



Patel Priyansu Sujitkumar Standard: 10 Percentile: 98.98



Patel Hetalben Sujitkumar Code No.: 11307 Russian Gemologist



Patel Prachi Bipinkumar Standard: 12 Science Stream Percentile: 98.10



Patel Premlataben and Bipinkumar Baldevbhai, Code-5243 B.P.Athpel Gemologist and 1925 Russian Gemologist



Thakor Poonam Bharatji Standard: 12 General Stream Percentile: 90.59



Bharatji Vadanji Thakor Code – 83 Bottom Gemologist

Best wishes for a bright future for all the students who have made their families, villages and Samarth Diamond proud by achieving excellent results in standard 10-12 through hard

work and determination. We celebrate here some of the brilliant children of the Samarth Diamond family. May you always continue to move forward on the path of progress! Congratulations!!!

For any contribution/ suggestion regarding 'Samarth Setu', please contact Ms. Chetanaben Patel (M. 99099 68737 Extn. No. 1153)



**Samarth Diamond:** Samarth House, SH-215, Paldi Road, Visnagar - 384315

Phone: Visnagar: (Branch-1) 7436078401/402/403

**Palanpur:** (Branch-2) 7436078407 **Satlasna:** (Branch-4) 7436078010/411

Email: factory@samarthdiamond.com, Web: www.samarthdiamond.com

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